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supporting kids in primary schools



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a program for primary schools about mental health and illness and the children of parents with mental illness

The **SKIPS** (Supporting Kids in Primary Schools) program is designed to increase teachers' understanding of mental illness and their confidence in supporting children who live with a parent with mental illness. SKIPS gives grade 5/6 students appropriate language for talking about mental illness and increases their understanding of people who live with mental illness. It also helps to reduce the stigma of mental illness in the primary school community and in the wider community.

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